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Dreams and Seams is published six times per year in February, April, June, August, October, and December.



Needled by Norma

Oh dear, this month has snuck up on me way too soon. I'm not ready for the holidays as I have yet to lose the weight I gained last year. I'm thinking we should drop the tradition of eating humongous meals and high calorie party snacks and consider trading all that prep time for sewing time. I've read somewhere that sewing is much better for you than cooking. Here are just a few reasons:



#1 It lasts longer. Food is consumed in about 20 minutes and any leftovers will mold after a week but it's not at all unusual to see clothing last 5-10 years and even a 100-year-old quilt is not out of the norm.

#2 You can't ruin a sewing project by walking away from it. Food burns while you're on the phone, potatoes boil over when you turn your back, gravy thickens, casseroles stick to the pan (this doesn't say much about my cooking skills does it?) but you can walk away from a sewing project for a few minutes, a few days or a few years and then just pick it up where you left off.

#3 It won't make you fat. What kind of food can offer that benefit? You get exercise by moving from the machine to the iron, getting up from the sewing machine and walking over to the serger or cutting table, bending over to pick up the dropped pins, and on a good day, you can sew right through a meal and not even miss it. Plus, when you make it yourself, it's whatever size you say it is.

#4 You can't ruin it. It's hard to unsalt the stew, unburn the casserole or uncook the overdone roast. Sewing projects can be taken in or added to, dyed or bleached.

#5 Sewing is "user friendly". You have your own personal space where you are in your comfort zone. You have choices of making something small and quaint or elaborate and flashy, whatever your mood is at any given time. You can even sew barefoot in your pajamas and without makeup. Food easily becomes too spicy, too pricey, or too greasy. Restaurants are too dark, too crowded or even too loud.

#6 It's cheaper. You can easily spend \$25 on a steak dinner or that same \$25 will make you a nice pair of pants. This brings me back to reason #1.

cont. page 3

Chapter Advisory Board

President

Norma Womack, (316) 721-9306
Womack2004@gmail.com

1st Vice President/ Community Service

Beryl Silkey, (316) 682-0017
bchrysalis@sbcglobal.net

2nd Vice President/ Fabric FUNd

Penny Ruddle (316) 263-4816
ruddlepenny@gmail.com

Secretary

Susie Dyer (316) 777-2096
ladybugdyer@yahoo.com

Treasurer

Sondra Schmittgens (316) 943-9813
aslcouple1@yahoo.co

Newsletter

Shirley Binder (316) 687-7257
scraplvr@att.net

Membership

Marilyn Kirby (316) 461-3947
mkirby5@cox.net

Education

Carol Wiens, (316) 788-4448
mcarol.wiens@sbcglobal.net

Retail Liaison

Becky Wondra (316) 722-0939
rlwondra1@cox.net

Neighborhood Groups

Betty Brees, (316) 838-3709
04120501@cox.net

Special Events

Open

Librarian

Lori Postlethwait (316) 832-2843
milo72blp@gmail.com

Publicity

Mary Baker (316) 778-2259
bakermflies150@gmail.com

Web Mistress

Julia Langel (316) 733-4780
julialangel@cox.net

Hospitality

Wilma Wine (316) 832-1202
dawine@cox.net

Membership Renewal

The National office will send you a renewal notice about 2 months before your membership expires. If you don't receive a renewal notice, contact the membership chairwoman, or go to the National website, ASG.org, where you can renew online.

**** Address Change ****

If your address, phone number or email changes, please report the changes to both the local membership chair and the National office (You can use the website at ASG.org.)

A Note about Photos

As you have probably noticed, we love photos!

If you take photos at an ASG event, please consider posting them to Facebook or emailing them to the newsletter editor.

If you would rather not have your photo appear on Facebook, in the newsletter, or on the website please tell the webmistress, and the newsletter editor. If you don't see yourself here, then pose and smile whenever you see a camera, especially if you are sewing or shopping.



Advertising rates

This newsletter is published 6 times a year. We only accept sewing-related ads.

Our rates are:

1/8 page--\$60/year

¼ page --\$120/year

½ page--\$210/year

1 page--\$300/year

ASG members may place classified ads for 10 cents per word.

Cares and Concerns

If you know of a guild member who is experiencing an illness or a loss in their family, please contact Marilyn John (316) 684-0355.

Election Results

CAB officers for 2018

The annual meeting of American Sewing Guild Wichita KS chapter was held November 7th. Written reports from each CAB member were distributed to members. The following Chapter Advisory Board members were elect.

President	Norma Womack
1 st Vice	Beryl Silkey
2 nd Vice	Penny Ruddle
Secretary	Susie Dyer
Treasurer	Sondra Schmittgens

The annual meeting of American Sewing Guild Wichita KS chapter was held November 7th. Written reports from each CAB member were distributed to members. The following Chapter Advisory Board members were elect.

President	Norma Womack
1 st Vice	Beryl Silkey
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Secretary	Susie Dyer
Treasurer	Sondra Schmittgens



Starting in January

As you all are aware, as of January 2018, we will be meeting at a new location. Northridge Friends Church has offered to rent their facility to us for a very acceptable price and they have all that we were looking for. The address is 2655 Bullinger. **Bullinger is 1 block east of the 25th street exit off I-235 and the church is about a block further north.** If you are avoiding the bypass then it would be about 9 blocks west of Amidon off 25th street. The building is generally locked but we will have the east door open for our general meeting. Park on the lot nearest the street and enter under the canopy. For the CAB meetings, we will be in a smaller room so enter where the signs direct you to the office (near the center of the building on the south side) and the office staff will “buzz you in”. Our meeting room is straight through the double doors and to the right. We will be in a multipurpose room that is big enough to handle our group, on one level, has restrooms just outside the door and they have graciously allowed us to store our library and one cabinet in a locked area of the church. Starting the new year in the new location will be very exciting for us so please get familiarized with the new location and be ready to join us at **Northridge Friends Church 2655 Bullinger.**

Cont. from page 1.

#7 It leaves you alone with your thoughts. When you are in your designated area, people tend to leave you alone and don't keep bothering you with questions they already know the answers to. If they do interrupt just say "I'm almost done, just one more seam" and that will generally buy you another 30 minutes since they have no clue what goes on in there.

Have I convinced you yet? Didn't think so, but I had fun trying. We all have enjoyed another year's worth of sewing activities together and I just want to thank each one of you for the support you have given me and all the other CAB members throughout the year. Please consider joining us at the end of January for our first 2018 Sew-In where more is caught than taught. Until then, have a blessed Christmas and stay safe.

Norma

ASG Fabric Design Contest, Part 2 - The Details

I am sure by now you have seen the winning ASG fabric design. Fabulous, isn't it? And you should be aware that there were three coordinates created as well. So that was the first part of the contest. Now you have the opportunity to participate in the second part.

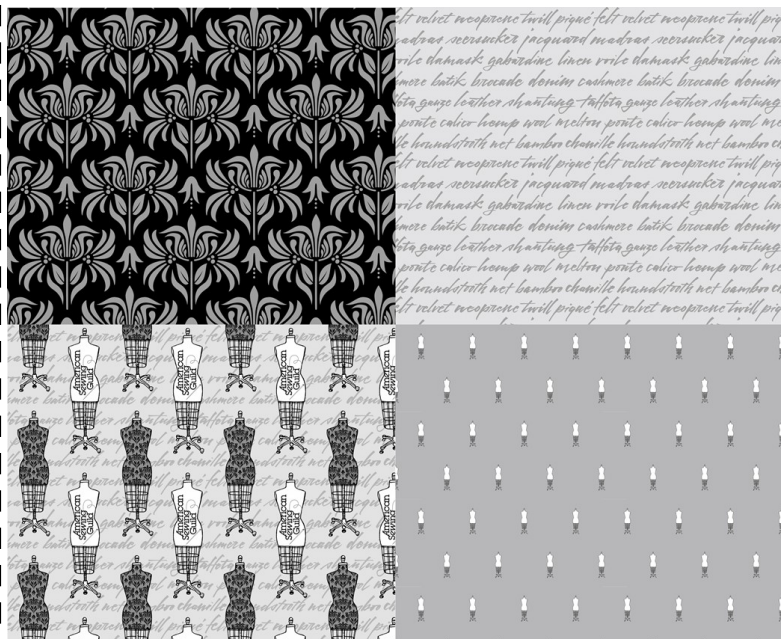
All ASG members are invited to obtain the ASG design fabric from www.MyFabricDesigns.com (enter ASG20 for a 20% discount). Once you have your fabric, simply create something featuring the winning design. You can create a garment, a craft, a quilt, a home decor piece, an accessory, or anything you want as long as it features the winning fabric design. You can also include any or all of the coordinating designs or even use a different fabric altogether. After your creation is completed, you will need to submit your name, your chapter name, and a photo of your creation making sure that the winning design is clearly displayed to asgfabricdesigncontest@gmail.com no later than March 31, 2018.

Now for the best part. This contest has nothing to do with judging and selecting winners. Instead the chapter with the most relative participation will be deemed the winner and announced at the 2018 annual conference in Las Vegas.

In addition, the winning chapter will receive national recognition on the ASG website and/or in Notions Magazine, be awarded a certificate, and receive a free educational event the chapter will be able to schedule within 10 months.

Individuals will also be recognized for their efforts. To that end, the names of everyone who makes a submission will be put into a drawing which will be held at the annual conference in Las Vegas. Everyone who enters will have the same odds to win on an individual level.

So get your fabric and get started sewing something wonderful today. Do it for your chapter and for a chance to win something for yourself.



THE SEWING CENTER

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HOURS
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F - Sat 10 - 5:00

On-Going Fundraisers

Fabric FUNd is a great perk for belonging to ASG. Not only does it give us a nice income for our chapter, it gives us an opportunity to rid our personal stashes of unwanted items or pick up a treasure from what a sister member no longer wants.

Starting in January 2018 the Fabric Fund will no longer keep fabric from month to month. If you bring fabric and it doesn't sell at that meeting you may either pick up your fabric at the end of the meeting, or leave it to be used for or donated to charity.

Did you know?

You can view Our Newsletter **Dreams and Seams** in color on our Website <http://asgwichita.org/index.php/member-resources/>. Or on the National Website https://www.asg.org/wp-content/members/newsletters/Wichita_Dreams_and_Seams.pdf

You can also view newsletters from ASG Chapters across the country on the National web site. If you are traveling and you want to find sewing related events in the area you are visiting check out the newsletter from the area chapter. You will find many sources for shopping as well. Remember all ASG events are open to all ASG members.

You might even find some great tips. Like this one on page 6 of **Sew Inviting** the Central PA newsletter. Use an empty thread cone as a funnel when using crushed walnut hulls or buckwheat hulls for a filling.

We receive rewards money from the following:

Dillons Community Rewards program <https://www.dillons.com/communityrewards>

www.smile.amazon.com

A Taste of ASG offer extended thru 2017

\$10 Trial Membership-A perfect gift for a friend that you would like to introduce to ASG. Visit <https://www.asg.org/taste-of-asg-trial-membership/> To Try out a 60-day all access to "Taste of ASG" pass to the American Sewing Guild for only \$10

Welcome New Members

We welcome you and encourage you to attend our monthly meetings and get involved in a Neighborhood Group.

Christine Wells Goddard KS

Krysti Carlson-Goeering Derby KS

Diana Scanlan Viola KS

Marilyn Sharp Wichita KS

A Taste of ASG

Only \$10

Sign up for your 60-day trial membership today and get all the benefits of an ASG member!

Trial membership includes 60 days of unlimited, full access membership in the American Sewing Guild

- Full access to the Members Only area of the ASG website
- ASG's Online Sewing Education Library of classes, webinars and videos
- "Member's Only" special offers and discounts
- Electronic copy of Notions, ASG's Quarterly Publication
- Special pricing from ASG partners such as Craftsy and University of Fashion
- Entrance to chapter meetings, neighborhood and special interest groups and events
- Opportunity to register at "Members Only" price for the Annual ASG Conference in Orlando, FL, July 27-30, 2017

Sign up online using the Join Now! button. www.asg.org

American Sewing Guild

December Events

General Meeting –December 5

Stocking Challenge and Christmas Party

Members with last names J thru Z bring treats

- ♦ 1:30 pm, Extension Center
- ♦ Norma Womack (316) 721-9306

MEOW Neighborhood Group- December 13

Christmas Party Planning for 2018

- ♦ 1:30 pm, A-1 Singer, 1012 S. Oliver
(Parklane Shopping Center)
- ♦ Donella Cole (316) 773-4374

Sew Inspired Neighborhood Group- December 18

Trash or Treasure:

UFO's and New Years Resolutions

- ♦ 1:30 pm, A-1 Singer, 1012 S. Oliver
(Parklane Shopping Center)
- ♦ Shirley Binder (316) 687-7257

Eastside Neighborhood Group-December 19

Christmas Party Bring Treats

- ♦ 7 pm, Needle Nook Fabrics,
2714 Boulevard Plaza
- ♦ Theresa Corle (316) 689-6702

Serger Neighborhood Group-December TBD

- ♦ 1:30 pm, Riverwalk Church of Christ,
225 N Waco
- ♦ Penny Ruddell (316) 263-4816

*Show and Share is welcome
at all ASG Meetings*

Christmas Challenge:

We will once again be bringing stockings we have made to the December meeting. You can find the pattern at asgwichita.org. Go to member resources, Patterns and resources. Stocking stuffers such as small toys, candy and personal hygiene items are also welcome. Local Charities such as The Wichita Children's Home and Ronald McDonald House will be the stocking recipients.



Community Service Special Requests

This year our stocking recipients will include Men who have just been released from prison, living in a halfway house and transitioning back into society. Among the items they need include personal hygiene products (razors, soap, deodorant, shaving cream) underwear and socks.

A special request from the **Wichita Children's Home** is hair brushes for girls 9-13.

Child Start is in need of mittens and hats for 3-5 year olds. Find free easy to sew patterns at <http://www.diy-crush.com/wp-content/uploads/2016/01/Fleece-Mittens-Templates.pdf>



<http://createkidscouture.blogspot.com/2015/11/quick-and-easy-fleece-hat-pattern.html>

Remember to turn your Community Service hours in to Beryl

January Events

General Meeting-January 2

Keep Girls Safe

- ◆ Sein Lengeiu
- ◆ 1:30 pm, Northridge Friends Church
2655 Bullinger, Wichita KS 67204
- ◆ Norma Womack (316) 721-9306

Meow Neighborhood Group-January 10

Tour WSU Go Create Building

- ◆ 1:30 pm, 4000 E. 17th St N, Wichita, KS 67208
- ◆ www.gocreate.com
- ◆ More information see page 11
- ◆ Pam Ammar (316) 655-1882

Sew Inspired Neighborhood Group-January 15

Following a Sew Along

- ◆ 1:30 pm, A-1 Singer, 1012 S. Oliver
(Parklane Shopping Center)
- ◆ Shirley Binder (316) 687-7257

Eastside Neighborhood Group-January 16

Sew Zentangle

- ◆ Betty Brees
- ◆ 7 pm, Needle Nook Fabrics,
2714 Boulevard Plaza
- ◆ Theresa Corle (316) 689-6702

Serger Neighborhood Group-January 22

TBD

- ◆ 1:30 pm, Riverwalk Church of Christ
225 N Waco
- ◆ Penny Ruddle (316) 263-4816

CAB Meeting –January 23

- ◆ Plan upcoming events
- ◆ 1:30 pm, Northridge Friends Church
2655 Bullinger, Wichita KS 67204
- ◆ Norma Womack (316) 721-9306

5th Tuesday Wednesday Sew In January 30 & 31

Work on Projects, Go to Lunch!

- ◆ 9 am to 4:00 pm,
- ◆ Riverwalk Church of Christ
225 N Waco
- ◆ Norma Womack (316) 721-9306

January 2018 General Meeting Presentation.

Sein Lengeju, MSW, CEO of Keep Girls Safe Foundation, and her daughter, Brillian, Miss Kansas Teen 2017-2018, will be sharing stories and pictures from last summer's visit with the Maasai tribe in Kenya, and relate progress with their project to empower, enlighten and motivate young girls and boys through education and choice to become agents of change, working to break the cycle of destructive cultural practices in Kenya, such as female genital mutilation and early forced "marriage." Brillian's focus in her role as Miss Kansas Teen, has been providing female hygiene items to Maasai girls so that they can continue to attend school throughout their cycles. She has also been working to ensure girls in poverty here, have greater access to necessary feminine hygiene items. We began our "Days for Girls kits" contribution to their effort this year by completing 30 DFG kits for their trip to Kenya. We made 30 kits, each one with one bag, 8 liners, and 2 shields per kit. We will be continuing this project in 2018 with a goal of another 30 kits to be completed by June 10th

Scandinavian
Star ornaments
Sylvia
Steinsouer
demonstrated
at the November NG meeting



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Hours

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Saturday 10 am - 4 pm

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Community Service 2018 Calendar!

Save these dates: Jan 2nd, March 3rd and September 22nd! Sign-up sheets will be starting the rounds at General Meetings. Contact Beryl if you wish to sign up from home. Get ready to **start those fabric donations for our charity projects.**

On January 2nd, we will hear more about the Days for Girls project (more below). Also, we will have bags of evening gown pieces salvaged from expired gowns, ready for you to select for making evening bags for Gown Town.

Saturday, March 3rd , Gown Town 2018 will be held at North High School. Please be sure any evening bags you make are delivered to us before the event. Will you volunteer to help with minor alterations on gowns and trouser hems as the high school kids from the area choose that special gown or tux for prom from all the beautiful gowns donated by area shops? It's so much fun to see the youngsters' eyes light up as they come by in those gorgeous gowns and tuxes!

April & May: we will be making Days for Girls kits (bags, shields and liners). See Beryl for the patterns and instructions (they are easy and fast little projects!). Looking for donated of flannel and good quality cottons so that we can make liners (11 ½" by 9" flannel scraps will work) and shields (quilting cottons, e.g., fat quarters are great for this).

September 22nd: We will host our Hospice Gown Sewing Extravaganza 2018 in the 4H Hall! If you plan to donate prewashed, good quality cotton or cotton/poly fabric or flannel, please get it to Beryl by the end of May 2018.



Just a few of the Gowns made at the September Gown Sewing Party and Delivered to Harry Hynes Hospice

Thank You Donella

Donella Cole has been the Neighborhood group leader for the MEOW group for several years. She is resigning that position as of the December meeting. Donella has been a fabulous leader and will be a hard act to follow, but we must have a group leader in place by January. Someone in this very creative group needs to volunteer for this position.

Join us at the December Christmas meeting to say Thank You to Donella and plan for 2018.

Trash or Treasure:

Sew inspired In December

UFO's and New Years Resolutions

Bring that UFO that has been sitting in your stash for way to long. Share WHY it still isn't finished. Get fresh inspiration from your sewing friends. Sometimes permission to make it a wader is good. Or it could become someone else's treasure

Sew Inspired to Sew-Along with Ramona

The Sew-Along series was created as the result of last year's post conference survey asking for a focus on sewing techniques. Sew-Along Series details were introduced on page 44 of the fall 2017 Issue of Notions.

The first quarter sew-along will focus on Simplicity ASG pattern 8014. This pattern includes both patch and side pockets, a yoke, collar and collar stand, button band and long or short sleeves. What a great place to learn and review both basic and advanced techniques.



Through ASG Online questions can be submitted to Ramona. The Sew Inspired group will discuss the techniques we have tried at our monthly meetings. All members are invited to join us.

The January MEOW Meeting will be held at WSU Go Create Building, 4000 E. 17th St.

GoCreate, on the Wichita State University campus, is a makerspace equipped with high-tech tools and on-hand experts. A Textile Studio is included in the variety of maker space memberships open to creators of all ages and experience. *Learn more at <http://www.gocreate.com/>*

If arriving from the East, turn West on 17th Street at Oliver and take the first right turn at Innovation Way and drive North to the roundabout, take the roundabout all the way to the West and you will enter the Airbus, Go Create parking lot. Park near the SW corner of the parking lot which will position close to the entry of the building which is accessed on the South side of the building.

If arriving from the West from Hillside, turn East on 17th Street and take the last left turn at Innovation Way. (you will think you have left the campus, but you have not—the building is the closest to Oliver.) Proceed North on Innovation Way to the first roundabout and take the roundabout all the way to the West and you will be enter the Airbus Go Create parking lot. Park near the SW corner of the parking lot which will position you close to the entry of the building which is accessed on the South side of the building.

We can meet in the common space which is near the coffee shop. There are comfy chairs and not so comfy chairs in the lobby. if problems, Call Pam Ammar's cell number is 316-655-1882.

Merchant Discounts

A-1 Singer Sewing Center (15%)

(316) 685-0226, A-1singer.com
1012 S Oliver
Wichita KS

Needle Nook Fabrics (10% off regular priced fabrics)

(316) 684-5989, ndlnookfab.blogspot.com
2714 Boulevard Plaza
Wichita KS

Hen Feathers (Punch Card)

(316) 652-9599, Henfeathersquilts.com
110 N Rock Rd
Wichita KS

The Sewing Center (10% excl. machines)

(316) 832-0819
2407 W 13th St. N
Wichita KS

JoAnn Fabrics & Crafts (10%)

All locations

Midwest Sewing Center (15%)

111 S Pattie (316) 262-3438
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Midwestsew.net

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ASG on the Web


Wichita ASG site: ASGWichita.org

Wichita ASG Facebook page: www.facebook.com/asgwichita

Wichita ASG email: asgwichita@yahoo.com

National ASG site: www.asg.org

Remember both ASG.org and ASGwichita.org have areas that are password protected. If you don't remember the passwords check the back of your membership card or contact info@asgwichita.org.

American Sewing Guild CHAPTER MEMBERSHIP FORM	
<p>Name _____</p> <p>Address _____</p> <p>City _____</p> <p>State _____ Zip _____</p> <p>Daytime phone _____</p> <p>E-mail _____</p>	<p>Junior Member Information:</p> <p>Birthdate (MM) _____ (DD) _____ (YYYY) _____</p> <p>School Name _____</p> <p>Grade/year in school _____</p>
<p><input type="checkbox"/> New ASG Member\$50</p> <p><input type="checkbox"/> New ASG Junior Member\$25</p> <p>Chapter (city/state) <u>Wichita/KS</u></p> <p><input type="checkbox"/> ASG Member at Large\$50</p>	<p>Payment:</p> <p><input type="checkbox"/> Check payable to "American Sewing Guild"</p> <p><input type="checkbox"/> MasterCard Visa AmEx Discover (circle one)</p> <p>Account#: _____</p> <p>Expiration Date: _____ CVV# _____</p> <p>Signature: _____</p>
<p><input type="checkbox"/> Renewal Member\$45 (if received <u>before</u> membership expiration date)</p> <p><input type="checkbox"/> Late Renewal\$50 (if received <u>after</u> membership expiration date)</p> <p><input type="checkbox"/> Junior Renewal\$25</p>	<p style="text-align: center;"></p> <p>Return to:</p> <p>The American Sewing Guild 9660 Hillcroft, Suite 510, Houston, TX 77096 PH: (713) 729-3000 • FAX (713) 721-9230 Email: info@asg.org • Website: www.asg.org</p> <p style="text-align: right;">(Please allow 2-4 weeks for processing)</p>

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- Participate in fashion shows and sewing fairs
- Contribute to community outreach through sewing
- Get discounts at local and national stores

