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Dreams and Seams is published six times per year in February, April, June, August, October, and December.

Sew Timely

Just over a year ago, I decided to take a semester off from my teaching job so that I could spend more time sewing and on my duties as Guild president. However, it was barely a month after being elected to my second term that my husband was diagnosed with cancer. The sewing part really didn't work out at all, but I decided that I should try to fulfill my term as president, with the help of the rest of the CAB. I am grateful to Norma and to everyone else who took up the slack in ways that I am probably not even aware of. I know I did not do the job as well as I had wanted to, but nevertheless, we had a full year of activities. These are summarized in my State of the Chapter report on page 3 of this newsletter.



At our Annual Meeting in November, some new CAB members were elected, and there will be some new people in appointed positions as well. You will also see some familiar faces in different positions, and some returning to continue the great jobs they have been doing this year. We will introduce them all at the December General meeting, and say "Thank you" to those who are retiring from their current role. I hope you will be there to show your support for them, and continue to do so in the coming year.

Also at the December meeting, we will have treats brought by some members, and you can participate in the hand-made gift exchange if you wish. We have also challenged you to make Christmas Stockings or draw-string pillow cases to give to the local Children's Homes. If you aren't able to make something, please come and admire the work of those who can.

"We must use time creatively." - Martin Luther King, Jr.

-Vicky Isiefson

Happy Holidays

Chapter Advisory Board

President

Norma Womack, (316) 721-9306
Womack2004@gmail.com

1st Vice President/ Community Service

Beryl Silkey, (316) 682-0017
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Secretary

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Treasurer

Becky Wondra (316) 722-0939
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Neighborhood Groups

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milo72blp@gmail.com

Publicity

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Web Mistress

Julia Langel (316) 733-4780
julialangel@cox.net

Hospitality

Wilma Wine (316) 832-1202
dawine@cox.net

Fabric FUNd

Sondra Schmittgens (316) 943-9813
aslcouple1@yahoo.com

Membership Renewal

The National office will send you a renewal notice about 2 months before your membership expires. If you don't receive a renewal notice, contact the membership chairwoman, or go to the National website, ASG.org, where you can renew online.

*** Address Change***

If your address, phone number or email changes, please report the changes to both the local membership chair and the National office (You can use the website at ASG.org.)

A Note about Photos

As you have probably noticed, we love photos!

If you take photos at an ASG event, please consider posting them to Facebook or emailing them to the newsletter editor.

If you would rather not have your photo appear on Facebook, in the newsletter, or on the website please tell the webmistress, and the newsletter editor. If you don't see yourself here, then pose and smile whenever you see a camera, especially if you are sewing or shopping.



Advertising rates

This newsletter is published 6 times a year. We only accept sewing-related ads.

Our rates are:

1/8 page--\$60/year

¼ page --\$120/year

½ page--\$210/year

1 page--\$300/year

ASG members may place classified ads for 10 cents per word.

Cares and Concerns

If you know of a guild member who is experiencing an illness or a loss in their family, please contact Marilyn John (316) 684-0355.

State of the Chapter by Vicky Is liefson

Three programs were provided by members this year, including elastic waist pants, copying existing garments and weaving your own fabric, and we shared our sewing room treasures at our birthday party. Thanks to various guest speakers, we also learned how hats are made, the history and construction of Native American Regalia, and how yarns and fibers are classified and used. We held a baby shower for pregnant teens and learned how the Young Lives organization helps them. Other guests told us about how young girls can be saved from abuse by providing them with a new dress, and how the local Harbor House helps abused women start over. The 4-H group gave us a style show, and we heard from Betty Brees about this year's conference. And once again in December, we will collect Christmas Stockings and pillow cases for children and are challenged to make a gift to exchange with another member. Two of our meetings were generously hosted by Child Start and A-1 Singer. For National Sewing Month in September, we manned a table at Joann Fabrics to introduce locals to ASG. Eat and Shops: for three we attended events such as Women's Fair, a Quilt Show and the State Fair; three were out of town to a couple of quilt shops, McCall's Pattern Company and finally we will go to the Doll Museum in Towanda. We had five Sew-ins, two of which were one-day bonuses. Several members attended the National Conference in Indianapolis in July. Our current membership is 114.

Chapter Advisory Board (CAB) Election Results

The candidates for the 2017 CAB were elected to office at the November 1st general meeting

President: Norma Womack

1st Vice President: Beryl Silkey

2nd Vice President: Penny Ruddle

Secretary: Susan Dyer

Treasurer: Becky Wondra

The Wichita Chapter would like to thank the CAB members who are "retiring" for their service: Ginny Perott, Secretary; Nancy Boewe, 2nd VP, Eat+Shop; Barbara Belveal, Education; Marsha Volz, Neighborhood Groups, Vicky Is liefson, President. We also thank those who are continuing: Becky Wondra, Treasurer; Julia Langel, Webmistress; Shirley Binder, Newsletter; Marilyn Kirby, Membership; Judy Troyer, Special Events; Lori Postelthwait, Library; Wilma Wine, Hospitality, and those who are being promoted: Norma Womack from 1st VP and Community Service to President; Penny Ruddle: from Fabric Fund to 2nd VP and Fabric Fund. A grateful welcome new CAB members who will be serving next year: Beryl Silkey, 1st VP and Community Service; Susie Dyer, Secretary; Betty Brees, NG Coordinator; Carol Wiens, Education



What happens when you holler lunch

From your Membership Chair

Thank you to all of those who wore their nametags to our last meeting. I hope everyone will wear theirs each meeting. What? You don't have one? Here are some ideas—the only one I've made for myself is the leaf-shaped one. That is an Anita Goodesign embroidery (since I'm in MEOW.) The other two were made for me when I participated in quilt guild activities. As you can see, your name can be included in many ways; this picture shows by pen, by embroidery, and by printer. I hope to showcase different name tags in each newsletter and I hope these will spur your imagination and creativity.

It will soon be time to compile our membership roster. Will you please take a moment right now and go to your computer, get on the national ASG website (asg.org) and verify that all your membership information is correct? You'll need your membership number—it's on your membership card, and the most recent email you gave to national to login to Change Password. Sometimes we change our phone numbers or email addresses and don't think about all the places where it has been recorded. (I'm still getting calls on my husband's cell phone which used to be our home phone number so I'm guilty of this.)

While you're on the website—check out all the information available to you—discounts, videos, etc.

Thanks for your help.

Marilyn Kirby



Wilma Wine /Casserole Carrier

Catherine Blocher from Creation Station explained yarns, fibers and their uses at the October meeting



**Donella Cole /
lace wreath**



Julia Waterbury /t-shirt quilt



Lori Postlethwait/ Decagon Table Topper

Have you discovered a new product , technique or source? Your Sewing Sisters would like to hear your sewing stories. You are invited to share your sewing tips, funny stories, and stitching boasts in our 2017 newsletters.



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Hours

Tues - Fri 10 am - 5:30 pm

Saturday 10 am - 4 pm

December Events

General Meeting –December 6

Christmas Party, Gift Exchange and Stocking Challenge

- ◆ Members whose last name starts with J through Z bring treats
- ◆ Bring Stockings/Pillowcases to donate to local charities
- ◆ Bring a wrapped homemade Gift and instructions or source.
- ◆ 1:30 pm, Extension Center
- ◆ Vicky Islietson (316) 529-1565

Sewing Buddy–December 6

Bring Your current Project

Stash Reduction-Crochet a rug

- ◆ 7:00 pm, Extension Center
- ◆ Linda Bryan (316) 722-2492
- ◆ Sondra Schmittgens (316) 644-7049.

Serger Neighborhood Group-December 12

Christmas Fun

- ◆ At Wilmas
- ◆ Penny Ruddle (316) 263-4816

MEOW Neighborhood Group-December 14

Christmas Party and Voluntary Gift Exchange

- ◆ Bring treats/gift
- ◆ 1:30 pm, A-1 Singer, 1012 S. Oliver (Parklane Shopping Center)
- ◆ Donella Cole (316) 773-4374

Sew Inspired Neighborhood Group-December 19

Drafting a Sloper ASG e-Book

Assessing the Sloper

- ◆ 1:30 pm, A-1 Singer, 1012 S. Oliver (Parklane Shopping Center)
- ◆ Shirley Binder (316) 687-7257

Eastside Neighborhood Group-December 20

Christmas Party

- ◆ Bring treats
- ◆ 7 pm Needle Nook Fabrics
- ◆ Theresa Corle (316) 689-6702

Holiday Challenge

Christmas stockings for the Wichita Children's Home, Andover Children's Home and both Ronald McDonald Houses. Stocking stuffers such as treats or toiletries are also needed. The PDF for the stocking pattern can be found on the website under patterns and handouts for those who need it. Pillow cases with or without drawstring are also welcome.

Anyone wanting to participate in the gift exchange should bring a wrapped hand made item. If the instructions are available bring them as well.

Using the Unusable

One of Sondra's long time ideas was to cut the unsellable or too small stuff from the Fabric FUNd into strips to make rugs. Sew Buddies cut a lot



into strips at their November meeting but there is still some more to cut. At the December meeting Sondra will show how to make crocheted rugs. Join the fun and learn to crochet a rug. Bring scraps, scissors, a rotary cutter, a ruler and a size N crochet hook.

January Events

General Meeting –January 3

Makin' Some Clay Buttons

- ◆ By Susan de Wit
- ◆ 1:30 pm , Extension Center
- ◆ Norma Womack (316) 721-9306

Sewing Buddy–January 3

Bring Your current Project

- ◆ 7:00 pm, Extension Center
- ◆ Linda Bryan (316) 722-2492
- ◆ Sondra Schmittgens (316) 644-7049.

Meow Neighborhood Group-January 11

Embroidery on Towels

- ◆ By Marilyn Christensen
- ◆ 1:30 pm, A-1 Singer, 1012 S. Oliver
(Parklane Shopping Center)
- ◆ Donella Cole (316) 773-4374

Sew Inspired Neighborhood Group- January 16

Finishing a UFO

- ◆ 1:30 pm, A-1 Singer, 1012 S. Oliver
(Parklane Shopping Center)
- ◆ Shirley Binder (316) 687-7257

Eastside Neighborhood Group- January 17

3 armed dress

- ◆ by Penny Ruddle
- ◆ 7 pm, Needle Nook Fabrics
- ◆ Theresa Corle (316) 689-6702

Serger Neighborhood Group-January 23

Scrappy Denim Tote/ shopping bag

- ◆ 1:30 pm, Riverwalk Church of Christ
225 N Waco
- ◆ Penny Ruddle (316) 263-4816

CAB Meeting –January 24

- ◆ Plan upcoming events
- ◆ 1:30 pm, Sedgwick Room
Sedgwick County Extension Center
- ◆ Norma Womack (316) 721-9306

Serge It Up Neighborhood Group-January 26

Serger Trim

- ◆ 9:30 am A-1 Singer, 1012 S. Oliver
(Parklane Shopping Center}
- ◆ Shirley Binder (316) 687-7257

5th Tuesday & Wednesday Sew In– January 31 & February 1

Work on Projects, Go to Lunch!

Come one or both days

- ◆ 9 am to 4:00 pm, Extension Center
- ◆ 10 am Tuesday, Deciphering Patterns
by Penny Ruddle
- ◆ Norma Womack (316) 721-9306

Makin' Some Clay Buttons

When Susan was young she used to watch the "Snowbirds" making and selling small things in front of the library in Yuma Arizona. She decided right then that's what she wanted to do. Susan finds making buttons fills that creative need in a small non obtrusive fashion. She will show a short PowerPoint and demo her method of making ceramic buttons

Dates to remember

Gown Town: March 4th at North High, set up the afternoon before. More details and sign-up to follow

ASG Fabric Design Contest

Deadline January 31, 2017

See page 28 of ASG Notions Fall2016 for details

On-Going Fundraisers

A number of back issues of sewing magazines have been donated, including Ottobre, Sew Beautiful, Sew News, and Creative Machine Embroidery. Look for these for sale in the next few months.

Most fabric is sold at \$1 per yard, but there are some high quality quilt cottons priced a little higher.

Now sold from the Fabric Fund tables: Patterns and magazines that have been donated by members are for sale for 25 cents each or 5 for a dollar. Funds raised go to buy items for the library and some of our other activities. Happy shopping!

Tables open before and after the meeting and during refreshment break.

We receive rewards money from the following:

Dillons Community Rewards program <https://www.dillons.com/communityrewards>

www.smile.amazon.com

Welcome New Members

We welcome you and encourage you to attend our monthly meetings and get involved in a Neighborhood Group.

Carolyn Preston Wichita, Kansas

Malissa Wilson Haysville, Kansas

THE SEWING CENTER

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The Party's Over....

We had a great turn-out for our hospice gown sewing party on Oct. 22nd. The joy and enthusiasm of the participants was overwhelming. There were 62 participants from about 6 to 80+ years old. They included 31 ASG sewists, 23 4-H moms and children, 3 sewist friends and 2 sewist volunteers from Harry Hynes Memorial Hospice (plus 3 more hostesses/runners). The young children seemed fascinated by the assembly line process and helped by carrying gowns from station to station. They were absolutely delighted when they won prizes!

The flurry of activity began with about 30 gowns pre-cut and bolts of pre-washed, pre-cut fabric lengths (thanks to Norma!). Six ladies partnered up to cut out gowns on both sides of the tables; while 2 more volunteers cut bias binding strips. Next, 4 ladies serged the side and shoulder seams and raw edges while another 3 pressed the sleeve, back and bottom hems. The gowns were then ready for the hems to be finished by 4 more volunteers using sewing machines. At this point, the gowns were carried by young children to the 2 bias strip pressers (cool tool for that!) and then the 4-5 sewists to apply bias binding to the neckline and sew on the pockets. All but 2 gowns passed careful inspection, received a final pressing, labelling and were packaged. It was fun to see how volunteers at each station partnered up to make the work easier and more efficient, e.g., light gowns went to light threaded machines, dark to dark-threaded machines.

There were prizes galore and a fun lunch was provided by Harry Hynes Memorial Hospice, giving us a much-needed break to visit with one another.

We finished a total of 68 gowns by the end of the session (about 5 ½ hours). In addition, all of the fabric was cut out so that more gowns are underway, as time permits. We had a lot of fun and enjoyed learning from one another!

We thank the following people for making the party such a success: Penny Ruddle for donating most of the fabric; Norma and Bob Womack for leading, planning and executing what was needed for a smooth workflow, protecting us from “blowing a breaker” and taking down at the end; Betty Brees and Norma for troubleshooting during the event; Nancy Boewe (ASG), Theresa Corle (ASG members), Sheila Shaw (Harry Hynes Memorial Hospice, HHMH), Greta Cline (HHMH) and Bekki Fowler (HHMH) for serving as hostesses; and to Jodi Besthorn (4H) for helping us invite 4H members to join in the fun. And a big thank you to all of you who volunteered your time to add a little comfort and joy to those entering hospice. It was fun getting to sew with our 4H families as well as giving our youngest volunteers a positive early experience with the joy of sewing!



Remember to turn in your Community Service hours to Norma



Linda McGehee, National sewing educator, presented a 2 day workshop and an evening trunk show along with a lecture in October 2016. We had 40 attend the trunk show and lecture and 27 participated in the 2 day workshop, learning to construct fabric panels in the Spiraling technique that Linda has perfected, along with texturing fabric and embellishing it with couching and decorative stitching. This fabric was used to construct the #781 Pocket Pouch handbag. She taught 3 different zip-pers insertion methods, as well as magnetic snaps and strap connectors and extensions. She demonstrated many other techniques that she is known for.

Linda's book, "Creating Texture with Textiles" is in our library.

There were 7 people who completed bags from the Linda McGehee seminar. Those were shared by the members who completed them.



Sew Young, Sew Denim

ASG Junior Member Contest

Contest Parameters:

- **Open to ASG Junior Members - 18 and under**
- Make an original creation using *denim*
- Submit by video or photo with an explanation of project and your inspiration to asgsewyounsewdenimcontest@gmail.com
- Submissions due by March 31, 2017
- Three finalists announced early May
- Winner will be chosen at ASG Annual Conference by attendees and announced at the Sunday luncheon
- Conference attendance not required
- Prize will be shipped to winner

PRIZE

Bernina 640 Sewing & Embroidery Machine with presser feet, mega hoop & case



Wilma's Pineapple, Zucchini Sheet Cake

- 2/3 cup evaporated milk
- 2 1/2 cup sugar
- 1/2 cup oil
- 2 eggs
- 1 tsp vanilla
- 1 tsp salt
- 1 tsp soda
- Beat above ingredients with electric mixer until fluffy
- Add 1 cup nuts
- 1 cup sweetened coconut
- 1- 20 oz can crushed pineapple
- 2 cups grated zucchini
- Beat with mixer
- Add 2 1/2 cups unbleached flour
- Mix well
- Pour into greased sheet cake pan
- Bake in a 350 degrees oven for 25 minutes or when a tooth pick comes out clean from middle of cake.
- When cake is cooled, frost with cream cheese frosting

Cream cheese Frosting:

- 1-8oz package of cream cheese
- 1-stick of soft butter
- 1 Tbs vanilla
- 1 Tbs milk (evaporated milk)
- 3 cups powdered sugar
- Beat with electric mixer until smooth
- Frost and enjoy!

Merchant Discounts

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1012 S Oliver
Wichita KS

Midwest Sewing Center (15%)

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Wichita KS
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Needle Nook Fabrics (10% off regular priced fabrics)

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2714 Boulevard Plaza
Wichita KS

Hen Feathers (Punch Card)

(316) 652-9599, Henfeathersquilts.com
110 N Rock Rd
Wichita KS

The Sewing Center (10% excl. machines)

(316) 832-0819
2407 W 13th St. N
Wichita KS

JoAnn Fabrics & Crafts (10%)

All locations

ASG on the Web


Wichita ASG site: ASGWichita.org

Wichita ASG Facebook page: www.facebook.com/asgwichita

Wichita ASG email: asgwichita@yahoo.com

National ASG site: www.asg.org

Remember both ASG.org and ASGWichita.org have areas that are password protected. If you don't remember the passwords contact info@asgwichita.org.

American Sewing Guild CHAPTER MEMBERSHIP FORM	
<p>Name _____</p> <p>Address _____</p> <p>City _____</p> <p>State _____ Zip _____</p> <p>Daytime phone _____</p> <p>E-mail _____</p>	<p>Junior Member Information:</p> <p>Birthdate (MM) _____ (DD) _____ (YYYY) _____</p> <p>School Name _____</p> <p>Grade/year in school _____</p>
<p><input type="checkbox"/> New ASG Member\$50</p> <p><input type="checkbox"/> New ASG Junior Member\$25</p> <p>Chapter (city/state) <u>Wichita/KS</u></p> <p><input type="checkbox"/> ASG Member at Large\$50</p>	<p>Payment:</p> <p><input type="checkbox"/> Check payable to "American Sewing Guild"</p> <p><input type="checkbox"/> MasterCard Visa AmEx Discover (circle one)</p> <p>Account#: _____</p> <p>Expiration Date: _____ CVV# _____</p> <p>Signature: _____</p>
<p><input type="checkbox"/> Renewal Member\$45 (if received <u>before</u> membership expiration date)</p> <p><input type="checkbox"/> Late Renewal\$50 (if received <u>after</u> membership expiration date)</p> <p><input type="checkbox"/> Junior Renewal\$25</p>	<p style="text-align: center;"></p> <p>Return to:</p> <p>The American Sewing Guild 9660 Hillcroft, Suite 510, Houston, TX 77096 PH: (713) 729-3000 • FAX (713) 721-9230 Email: info@asg.org • Website: www.asg.org</p> <p style="text-align: right;">(Please allow 2-4 weeks for processing)</p>

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- Get discounts at local and national stores

