

DREAMS and SEAMS

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--THREADS THAT BIND--

So many things have come and gone since I wrote my article for the last newsletter that it seems that was a long time ago. It is definitely spring, as I see the cotton coming off of the cottonwood tree next door.

Fabric carnival has come and gone. Lots of fabric exchanged hands. Some of you have even completed garments from your finds. I found a piece that called my name, and now I have discovered a pattern I think will be absolutely perfect. It's a nice rust color, so hopefully I can turn it into a completed garment by fall. Thank you to every one that helped make the fabric carnival a success.

Retreat was lots of fun. I made a pair of slacks and finished my Jacket Jazz jacket. At the time I didn't think I got a lot accomplished, but by finishing The Jacket, I found myself free to start other things with a clear conscious. My how that helps. I even made the Not Too Fuzzy To Wear Jacket using a piece of sweatshirt fleece that had been in my stash long enough that I'm sure it was properly aged.

Sondra Schmittgens (your VP) and I attended the regional meeting in Denver April 26th. We gained lots of information that we hope to use to make our chapter better. We met with members from 9 other chapters that we shared ideas and information with. We will soon be looking for members to fill the position that will be coming open for election in the fall. I hope all of you will consider offering your services either in a chapter advisory board capacity, or working on a committee with a Cab member. From experience I can tell you that the more you get involved the more fun you will have.

Your garments made from the ASG Simplicity pattern all looked so good. I hope you are all planning to enter them in the national contest. Some nice prizes are being offered. I also hope to see several of our members wearing the ASG pattern at national conference in Portland this summer.

(continued on page 2)

Threads that Bind (Continued)

Kristie Patton has resigned her position as our newsletter editor. Our many thanks to Kristie for the hard work she put into the newsletter the last year. Becky Wondra will now be our newsletter editor. We are looking for a committe to help her gather information and put the newsletter in the mail. Please let her know if you can help.

Another nasty weather report is on TV as I finish writing this article. May we all stay safe.

Happy Sewing.

Shirley

Remember our Retailer's

Following is a list of retailers, and the discounts they offer to ASG members on regularly priced fabric and notions. Remember, to receive your special ASG discount, show your membership card at the cutting table, when purchasing fabric or at the cash register, before purchases are entered.

Receive a 10% discount at:

Hancock Fabrics - East/West

JoAnn Fabrics - All Locations

Needle Nook Fabrics - Blvd. Plaza

Prairie Quilts - Parklane Shopping Center

Sew - N- Sew - Andover, Ks.

The Sewing Center - W. 21st St.

Gramma's Calico Cupboard - S. Hydraulic

Receive a 15% Discount at:

A-1 Sewing Center - Parklane

Receive a 20% Discount at

Southend Sewing

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SEWING RETREAT NEWS

Aleta -Wow! What a wonderful weekend at Cross Wind Lodge. Three glorious days of FUN, FOOD,FELLOWSHIP,FABRIC SHOPPING AND enough LAUGHTER to last until next years retreat! Start saving your pennies and mark your calendar NOW for February 6, 7, and 8, 2004 for the next ASG Sewing Retreat! Thanks a bunch to all.

Sondra -Sewing Retreats and Time Management - With Chocolate Sauce

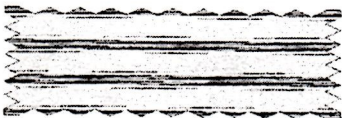
I went to my first sewing retreat on April 2, 2003. I must admit I had to be coaxed. I didn't get it. I thought, 'Couldn't I just sew at home where I have all my stuff?' Well, the answer to that is, 'No, when I am at home, I find a hundred other things that must be done!' So, I am here to tell you, as someone who was forced into having fun, IT WAS GREAT!

First it was fun just to be with everyone in such a pretty place. I enjoyed talking, laughing, looking at what everyone was making and sewing. Besides sewing the things we brought, there were so many other things included. A hat making session by noted speaker and seamstress Sandy Butzina, eating, personalized beaded scissors identifiers, eating, shopping and eating but no drinking, Sigh.

A real side benefit that I never considered was having so much sewing knowledge in one room for a whole weekend. There was no sewing conundrum that we encountered that someone couldn't solve. We had wonderful quilters, fitters, fabric experts and techniques people. All I had to do was lift my head up and ask whenever I hit a snag. It was like being inside my computer but not so cramped! And on top of all this...I got a baby quilt made for my business partner's first baby and she loved it!

Of course being at the retreat started me thinking of ways to get more sewing into my everyday life. Here is what I have come up with so far:

- 1) Cooking - instead of cooking dinner every night I plan to eat a well known dry protein food that is quite inexpensive and my cat Frieda says it is quite delicious. I can use the time I save to sew.
- 2) Exercise - I have seen many pictures of native women walking to market with a huge bundle of something(let's say an inexpensive dry protein) balanced on their heads and spinning yarn at the same time. How hard would it be for me to take a skirt to hem as I take my daily walk? I could carry my threads on my head.
- 3) Working - hmm, I will get back to this one.
- 4) Leisure - I have noticed that my friends often complain of their lives being in a rut, nothing new. From now on I am going to have a small sewing project for people every time I invite them to dinner. This will help me get things done and they will learn a new skill...I hope they like inexpensive dry protein foods.
- 5) Intimacy - I almost hate to tread on this one, but really, what is more satisfying? A five minute experience with hopefully nothing to show for it or that same time used to make headway on a new art to wear project?
- 6) Breathing - Breathe just 1 second of every 3 and sew the other two.
- 7) Chocolate - Give up chocolate? You must think I don't know what's important!!



FABRIC CARNIVAL NEWS

Thank You, Thank You, Thank You! To all who participated in any way, shape, or form in our recent Fabric Carnival. I greatly appreciate everyone's willingness to help out at a moments notice. The food was delicious, the sales were good and the crowd was great! This event will be held every two years, so start planning now for the 2005 Fabric Carnival. Remember, one girl's junk is another girl's treasure! Thanks Again!

-Aleta Vogt, Special Events-



FUZZY IS BETTER

Charlotte Wolfe from Charlotte's Sew Natural in Newton, KS was our April guest speaker. She introduced the quilt to a "Fuzzy" way to sew. It was neat to see her new line of patterns and touch the fuzzy quilts and jackets. Her method is a better way to make the "raggy" looking quilts with less loss of fiber and thread out of the fabric.

Charlotte always has the latest in sewing and quilting techniques. Both meetings were at capacity. At the May meeting, one of our members came back with a Fuzzy Quilt! I think she's hooked! After seeing Charlotte's program, I too was convinced that Fuzzy is Better! Thanks Charlotte for a fun and fuzzy program!

4-H STYLE REVUE

The Sedgwick County 4-H Style Revue is set for July 2, 2003 at 7:30 P.M. in the 4-H Hall at the Extension Education Center. Free admission. Everyone is welcome to attend and see the latest in youth fashions.

-Denise Dias, Education Chair -



Mark Your Calendar

The following dates show the programs planned for sewing guild at the Sedgwick County Extension Education Center, 7001 W. 21st North, at 1:30 and 7:00 P.M.

June 3	Home Decor	Barbara Kroeger
June 24	Open Sew 9 til Noon	
	1:30 P.M. Board Meeting	
	All ASG Members Welcome	
July 1	NO MEETING	
July 19	Charity Sew at Needle Nook	
	4:00 P.M. to Midnight	
Aug 5	Highlights from National	

Advertising Rates

Ad rates for our bimonthly ASG Newsletter will be as follows:

Inserts (one sheet-8 1/2" x 11") is \$30. Multiple sheets are priced by the weight.

Full Page	\$50
1/2 Page	\$35
1/4 Page	\$20
Business Card.....	\$10
Classifieds.....	10 cents a word

Artwork needs to be camera ready.

Send or give information to
Rebecca Wondra, 1663
Murray, Wichita, Ks. 67212 or
E-mail-rlwondra1@cox.net



The Wichita Chapter of the American Sewing Guild Presents
Connie Crawford
CEO of Fashion Patterns by Coni
Fashion Design Specialist, Educator and Author

Connie taught pattern making and fashion design classes for 23 years at the Fashion Institute of Design and Merchandising. She authored numerous books including, 'A Guide to Fashion Sewing', 'The Art of Fashion Draping' and 'Patternmaking Made Easy'. Her 35+ years of patternmaking experience in the garment industry led to the creation of her own pattern line for the full figured woman.

Friday, September 12, 2003, 7PM to 9PM
(Sedgwick County Extension Building – 7001 W 21st St North - Wichita, KS)
Seminar
Simplified Sewing Methods
Draping Patterns for Proper Fit
How to Make a Dress Form
A Short Fashion Show

Saturday, September 13, 2003, 9AM to 4PM
Pattern Fitting Workshop

This workshop covers how to drape a paper pattern or muslin directly on your own body. This method assures a proper fitting garment by allowing you to actually see how the pattern falls on your body. A short demonstration will be given at the beginning of the class, illustrating the fitting process. It will also show you how to solve gaping necklines and how to experiment with design features such as yokes, collars, circular flounces, ruffles and sleeves.

Supply list will be mailed to all those registered. Lunch is included in your workshop registration!

Registration

Name _____ Phone(____) _____

Address _____

City _____ State _____ Zip _____

Friday Seminar (free with Saturday workshop registration)

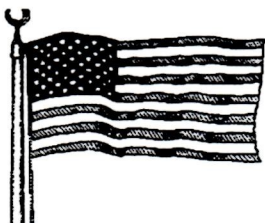
ASG Member \$5 _____ Non-member \$10 _____ Free w/Workshop _____

Saturday Workshop

ASG member \$35 _____ Non-member \$40 _____

Mail to Sondra at the Address below. Make checks payable to 'ASG Wichita'.

Contact: Sondra Schmittgens, 2111 W Douglas, Wichita, KS 67213. 316)943-9813



**THERE WILL BE NO REGULARLY SCHEDULED
MEETING IN JULY. HAVE A SAFE JULY 4TH!**

UPCOMING CHARITY SEW-IN ON JULY 19, 2003

NEEDLE NOOK FABRICS 4:00 P.M. - MIDNIGHT

BRING A SNACK TO SHARE.

We will be working on undergarments and back to school clothing. We will need people to cut out, pin, sew and press. Patterns will be provided. If you have any fabrics suitable for these type of garments and would like to donate them, please bring them to the SEW-IN. If you can not attend and have fabrics, please bring them to the June meeting or drop them by Needle Nook Fabrics, 2714 Blvd. Plaza or call Anne St Clair. If you have patterns and can have some garments cut out before the Sew-In that would be greatly appreciated also. **THANK YOU TO ALL THAT HAVE ASSISTED IN THE PAST!**

—Anne St Clair - Community Service Chair

SWIMSUIT SEASON IS UPON US. Just a few tips for sewing swimsuits

1. Take several measurements other than the normal Bust, Waist and Hip. Also include Back Waist, Crotch Depth, Chest, Rib Cage, Shoulder Width and Girth.
2. When lengthening or shortening your pattern, use the Back Waist for above the waist and the Crotch Depth for below the waist adjustments. Most of the time, this is more accurate than the Girth measurement.
3. Be sure to check the stretch of your fabric using a tape measure before you draft your pattern. Swimsuit patterns are designed for fabrics that stretch 75% - 100% in one direction and 35% - 50% in the other direction. If your fabric does not stretch at least these amounts, adjustments will need to be made to your pattern. Note: Most swim suit fabrics (Nylon/Lycra) has the most stretch parallel to the selvage.
4. Always use a good quality braided or knitted 3/8" width polyester elastic that is intended for use in chlorine. It also needs to easily stretch with good recovery.
5. When measuring for the proper amount of elastic to use, measure your pattern pieces and deduct the appropriate amount for the area. i.e., Scoop Neckline less 2", Armhole less 1", Legs less 1" in the front and 3" in the back.

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The Retreat—in poem style
By Terry Chisum

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Sewing
Visiting Charlotte's Sew Natural
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And ham and strawberries
Special guest Sandy Butzina
A fat quarter game
More sewing
Friends, talking, bed and sleep

A bright wakeup call
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Turkey, and roast and mashed potatoes
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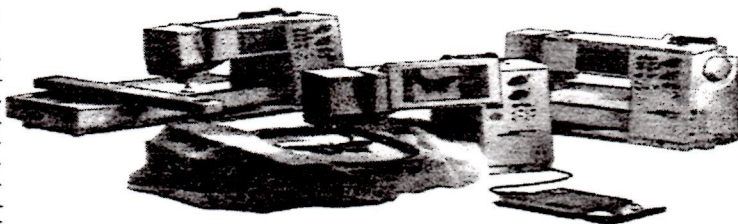
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Monthly Chapter Meetings
1st Tuesday at 1:30 & 7:00 p.m.

Derby Neighborhood Group
4th Thursday at 7:00 p.m.

Hutchinson Neighborhood Group
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