

Sewing's A Brees

The deep freeze of 2010 is upon us and hopefully when you are reading this it will be a dim memory. Did you make New Year's Resolutions regarding sewing? If so, are you sticking with them? I don't do resolutions but if I did they should probably be along the lines of: use only my stash, be more productive, and don't procrastinate. If I did that I might be personally responsible for a total collapse of the economy (!) or at least many fabric stores going out of business. Let's not go there.

I have heard several people say this week it is a good time to sew with the cold and snow. What do you sew this time of year? Is it from your stash, a long planned project or do you run out and find some new fabric? Are you sewing for the current weather or planning for warmer weather? If you are looking for an idea don't forget to consider the ASG Creativity Contest. Details can be found at ASG.org

I'm excited about our chapter this year. We have some new CAB members: Beryl Silkey, Ginny Perott, Marsha Voltz, and Vicky Islietson. Be sure to thank them for volunteering along with the rest of CAB members who agreed to continue in their current positions. Lynanne has great programs scheduled this year and we will be focusing on slopers each quarter. We will continue to do 5th Tuesday sew-ins which would be an excellent time to help each other with any sloper issues we are experiencing. Kathleen Cheetham will be here March 19 & 20 to help us with fit and style for the

mature woman. A registration sheet is on page 3. Kenna will need volunteers to help with all phases so give her a call to let her know how you will help.

If you haven't already, now is the time to start saving for the national conference. It is in Atlanta GA Aug. 5 - 8 and will be here before you know it. Hopefully, I will learn lots of style and fit tips from Kathleen so I can go looking like a fashion plate. Ok, at least presentable!

Michele will continue collecting chemo caps to donate to Victory in the Valley so keep them coming.

The Eastside and Derby Neighborhood Groups are going strong and everyone is welcome to participate at either or both. The Westside group is trying to get going again. Let Denise know if you are interested. If these don't fit your needs, let someone know and we can see about starting an additional one.

The quilt guild will have their show this June and we will again have a booth. We will be looking for suggestions on what to include. If you have suggestions let me or another board member know.

Sew much, rip less

Betty

ASG on the Web

Find current information about ASG activities on the Internet:

- National ASG site: www.asg.org
- Wichita ASG blog:
www.asgwichita.wordpress.com

- National ASG Facebook page: American Sewing Guild
- Wichita ASG Facebook page: American Sewing Guild Wichita, KS Chapter

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sewfun350@aol.com

Fabric FUND

Penny Ruddle 263-4816
penr1208@cox.net

Membership Renewal

The National office will send you a renewal notice about 2 months before your membership expires. You can check your membership expiration date on the address label of each newsletter. If you don't receive a renewal notice, contact the membership chairwoman, or go to the National website, asg.org, where you can renew online.

Address Change

If your address, phone number or email changes, please report the changes to both the local membership chair and to the National office (you can use the website at asg.org.)

New and Renewing Members

Welcome back to renewing members: Jan Langfitt, Mary Ann Esch, Lisa Campbell, Valerie Fisher, Sylvia Steinshouer, Sallylou Coleman, Margaret Wiens, Irene Armstrong, Mary Stackley, Georgia Whitlock, Sharon Gates, Dorris Tomlin, Pat Plett, and Dolores Miller.

Advertising Rates

This newsletter is published 6 times per year. We only accept sewing-related ads. Our rates are: 1/8 page—\$60/yr; 1/4 page—\$120/yr; 1/2 page—\$210/yr; 1 page—\$300/yr.

ASG members may place classified ads for 10 cents per word.

Kathleen Cheetham is Coming in March!

On March 19th and 20th, 2010, the Wichita ASG chapter will host nationally-known designer, author and educator Kathleen Cheetham.

Kathleen owns a women's custom tailoring business, teaches classes on fitting and design and markets a line of patterns for plus and petite-plus size women. Her recent book, *Perfect Plus*, contains detailed instructions on constructing a jacket, skirt, blouse and pants including the patterns. The instructions are very clear and easy to follow. Her articles have appeared in *Threads*, *Sew News* and *Sewing World* magazines. She was an instructor at the ASG National Conference in Albuquerque last year. Kathleen lives in Sointula, British Columbia. Visit her website at www.petitepluspatterns.com.

On Friday, March 19, Kathleen will present a trunk show of her fashions and patterns. This evening event will be **free**.

On Saturday, March 20, Kathleen will present a day-long seminar, *Fit and Style Solutions for the Plus-Size Woman*. Learn by doing in this master class of lecture, demonstration, and hands-on participation. Take home your mini patterns to refer to later. Kathleen will share 12 techniques that will change the way you look at patterns and ready-to-wear. Learn about ease and draping and how they can work to skim and flatter the figure. You will see pattern adjustments like enlarging, slashing, pivoting and learn what methods will work best for your body. We'll make good use of multi-sized patterns with some "quick grading" and "sizing up" techniques. You'll see solutions for keeping skirts up, tricks for elastic waistbands and even hidden comfort panels. This day-long event is \$65, including lunch and kit fee. You do not have to be an ASG member to attend.

If you have questions please contact Kenna Dice at bdice@cox.net or 316-321-5841.

Bring your sewing friends to the FREE trunk show Friday night!

Registration Form for Kathleen Cheetham

Name: _____

Address: _____

Phone: _____

Email: _____

Please include your check for \$65, payable to American Sewing Guild—Wichita Chapter.

Mail to:

American Sewing Guild Wichita Chapter

P O Box 49539

Wichita KS 67201-4539

February Events

General Meeting — February 2

1:30 pm and 7 pm, Extension Center

Lyla Flippo will help kick off our “Year of Fit” with a presentation about slopers. Bring your items for Sew and Share.

Betty Brees, 838-3709

Derby Neighborhood Group — February 5

7 pm. Woodlawn United Methodist Church, 431 S Woodlawn, Room 11E

Lyla (busy lady!) will demonstrate a Shasiko machine. Also, bring your Show and Tell

Marsha Volz 789-9193

East Side Neighborhood Group — February 16

7 pm. Needle Nook Fabrics

Betty Brees will be demonstrating some of the ribbon work techniques she learned at the national conference last summer.

Theresa Corle, 689-6702

CAB Meeting — February 23

1:30, Ingle Room, Extension Center

2010 Will Be Our Year of Fit!

We’ve decided that this will be the year we all learn to make garments that fit! We will be exploring ways to get a custom fit. Most of these start with a sloper, so Lyla Flippo will start us off this month with a presentation on sloper basics. Connie Crawford defines a sloper as “a basic pattern, without style lines or seam allowances, developed from a dress form, live model, or manufacturer’s specific measurements. Used as the foundation for a specific silhouette or fit in a new design.” Slopers are also called blocks. So, basically, **your** slopers are basic patterns developed from **your** body, to use as foundations for a design with **your** silhouette.

Many of us got fitted for slopers last

year, so we’ve got a bit of a head start already. If you have a sloper, dig it out! If you don’t, we’ll be scheduling fitting sessions soon.

Our plan is to have presentations at several general meetings on sloper techniques, then to have practice workshops at our retreats. We’ll be looking at how to use a sloper to adjust a commercial paper pattern for

fit, how to design garments directly from a sloper, how to use Japanese pattern magazines and how to use pattern software.

If you have experience with any of these techniques, or — even better — experience with other custom fit techniques, please talk to Lynanne or Betty so you can share your expertise with the rest of us!



March Events

General Meeting — March 2

1:30 pm and 7 pm, Extension Center

Cindy Zajkowski from Sew Much in Delano will talk to us about Spring fashion trends. Bring your items for Sew and Share.

Betty Brees, 838-3709

Newsletter Deadline — March 5

Please send information about April and May.

East Side Neighborhood Group — March 16

7 pm. Needle Nook Fabrics

We'll be sewing potato bags (to make microwave-baked potatoes in).

Theresa Corle, 689-6702

Kathleen Cheetham Trunk Show — March 19

7 pm, 4H Hall, Extension Center

Kathleen will be showing garments made from her pattern line Petite Plus Patterns.

Kenna Dice, 316-321-5841

Kathleen Cheetham Seminar — March 20

9 am to 5 pm, 4H Hall, Extension Center

Kathleen Cheetham will present a full day seminar on fit and style solutions for the plus-sized woman.

Kenna Dice, 316-321-5841

CAB Meeting — March 23

1:30, Ingle Room, Extension Center

Derby Neighborhood Group — March 25

7 pm. Woodlawn United Methodist Church, 431 S Woodlawn, Room 11E

Jean Mulford will show us how to make 'Wild women faces.' Bring your Show and Tell.

Marsha Volz 789-9193

Sewing Retreat — March 30 and 31

9:0 am to 5 pm, Extension Center

Bring your own projects — perhaps your sloper! — to work on.

Betty Brees, 838-3709

Community Service Projects

For 2010, we have chosen two community service projects. We will continue to make chemo caps to donate to area cancer patients. Michele Brakewood recommends these websites and patterns.

- www.nancysnotions.com — Click on Creative Kindness at the very bottom right of the screen.
- www.bevscountrycottage.com/cancercaps.html
- www.headhuggers.org (Go to misc. links -- many links for chemo caps)
- www.sewing.org
- www.craftandfabriclinks.com/bonnet/

[chemo_hat_pattern.html](#)

- www.headcovers.com/headwear/hats-turbans/
- McCalls 4116 has patterns for several turbans, headwraps and hats.
- Simplicity 2494 has patterns for fleece hats

We will also be making toys and clothes for children.

We will be working on these all year, so bring your items to any general meeting. (If you're on Facebook, check out the tickers showing our current item counts!)

In the Library

Items in our library include books, videos, DVDs, magazines and patterns. These items may be checked out for one month at a time. Due to high demand, only one DVD or video may be checked out per month; DVDs and videos must be returned the following month and may not be renewed until the end of the meeting so that others have a chance to check them out.

There is a charge of \$1 per item per month for items returned late. NEW: Any item not returned within 6 months will be considered lost and the member will be responsible for replacing it. A complete listing of library holdings is available at the library table during our monthly meetings or from Leah at 620-596-2517.

New magazines

- *Quilters World*: Feb 2010
- *Belle Armoire*: Jan/Feb 2010
- *Threads*: Dec/Jan 2010, Feb/Mar 2010

New Books

- *Perfect Plus*, Kathleen Cheetham
- *Button It Up*, Susan Beal

New Videos and DVDs

- *Shirts and Blouses*, Sandra Betzina and Ron Collins
- *Zip It Up*, Sandra Betzina and Ron Collins

On-Going Fundraisers

Don't forget about our two regular fund raising activities:

At the library table, we have magazines that have been donated by members for sale for 25 cents each or 5 for a dollar. Funds raised go to buy items for the library (like those new fitting DVDs from Taunton.)

At the Fabric FUNd table, we have fabric donated by members (maximum one per member per meeting, please) that can be purchased for \$1 per yard. Funds raised go into the general budget.

Cindy Mastro & Karren Darrah from Demelia's Quilt Company gave us a great presentation in January!



Local Retailers

These local retailers offer discounts to ASG members on regularly priced fabric and notions. To receive your discount, show your ASG membership card at the time of purchase. Be sure to thank them for supporting ASG!

A-1 Singer Sewing Center (15%)

685-0226
1012 S Oliver
Wichita KS
A-1singer.com

Fabric Essentials (10%)

85-243-4044
114 W 6th St
Concordia KS
Countrycousinsfabrics.com

Hancock Fabrics (10% on some things)

7395 W Central 722-7554
8131 E Kellogg 682-4574
Wichita KS

Helen Enox Fine Fabrics 10%)

405-685-1279
1332 S W 59th
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Henfeathersquilts.com



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Midwestsew.com

Needle Nook Fabrics (10%)

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ndlnookfab.blogspot.com

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1010 S Oliver
Wichita KS
Prairiequilts.com

Sunflower Quilts (10%)

788-5120
405 N Osage Rd
Derby KS
Sunflowerquilts.com

The Sewing Center (10% excl. machines)

832-0819
2101 W 21st St
Wichita KS

Black Bean & Feta Cheese Salsa

1/4 c. apple cider vinegar
1/4 c. vegetable oil
1/4 c. sugar, or to taste
2 tsp. garlic salt
1 can (15 oz) black beans, drained and rinsed
1 can (11 oz) white shoepeg corn drained
8 oz feta cheese, crumbled
1 bunch scallions, chopped

Whisk the vinegar, oil, sugar, and garlic salt in a bowl until blended.

Add the beans, corn, cheese and scallions and mix well.

Serve with tortilla chips.

Refrigerate any leftovers.

Serves 10

A Word from National Headquarters

YOU CAN PAY FOR ASG MEMBERSHIP WITH ASG SPECIAL OFFERS!!!

Your ASG membership more than pays for itself when you take advantage of the many generous discounts and other offers from our industry supporters. Over 65 Special Offers from ASG sponsors and advertisers in the Winter issue of "Notions" have just been posted on the ASG Web site (www.asg.org). That includes 21 updated listings, plus 9 brand new offers. The complete list includes:

- 10% discounts from two of the resources featured in our Winter cover story, "Rediscovering Vintage Patterns"
- 10-to-20% online and in-store discounts from 16 fabric sources, including 4 all-new offers
- 10-to-20% discounts from 12 of your favorite independent pattern designers
- FREE admission to four different California sewing festivals
- 10-to-30% discounts on hundreds of machine embroidery designs

- Gwyn Hug: group discounts for "How Much Fabric?" Reference Cards developed by an ASG member
- Judy Topkis: 10% discount on hand printed fabrics in your choice of fiber content, pattern, and ink color
- Nancy's Notions: back with a 15% discount!
- Vogue Fabrics: 20% off silk charmeuse, chiffon, crepe de chine, dupioni, organza, shantung, taffeta, and more!

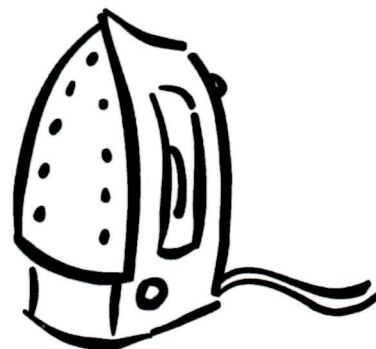
Plus other 20% discounts from:

- Colonial Needle
- Fabrique! Fashion Fabrics
- Hip Line Media
- Lorraine Torrence Designs
- Mill Direct Textiles (the Polartec people!)
- ScrapSmart
- Sew News
- SewkeysE

Sewing Tip — Rescue Wrinkled Interfacing

Professional custom shirt maker and blogger Pam Erny has a nifty tip for rescuing wrinkled fusible interfacing — iron it! But, you say, won't that fuse the interfacing to my ironing board? She recommends using a sheet of parchment paper (from the grocery store) — you can put the fusible side of the interfacing against the parchment and iron out the wrinkles. The glue won't stick to the parchment!

Check out Pam's awesome shirts and the cute clothes she makes for her nieces at off-the-cuff-style.blogspot.com.





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Sewing Haiku

Do you like poetry? The Selfish Seamstress
(selfishseamstress.wordpress.com) writes the best sewing haiku:

When I sew for me
There's no such thing as bedtime.
Oh look, there's the sun!

You need your pants hemmed?
Google for local tailors.
Glad that I could help!

Check out her blog for more of her incisive, sometimes snarky, humor and well-made clothes (for herself, of course!)

Another Word from National...

We are excited to announce a new product added to the ASG online store.

Help ASG put our mission statement "advancing sewing as an art and life skill" in action:

Shunned by Kenyan society, the Malika Mums were unable to earn a living to provide for their special needs children until they were taught to sew.

These heavy-duty quality canvas tote bags were handmade by the Malika Mums and they enable these women to provide for their families. Featuring the ASG logo on one side and "this is not a plastic bag" in Swahili on the other, the tote, measures 13" X 15" X 4", and comes in Rust Red, Olive Green, and Black. Cost is \$15 plus \$3.50 S&H. Total: \$18.50

We have several options for you to learn more about this endeavor. You may read the story of the Malika Mums (mothers of disabled children) in the Fall 2008 Notions, as well as in the current Winter 2010, National Notes section, you may email Denise Dias, Chair, Board of Directors at ddias@ksu.edu, or you can visit the links provided.

www.ctcinternational.org

www.facebook.com/americansewingguild

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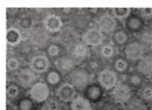
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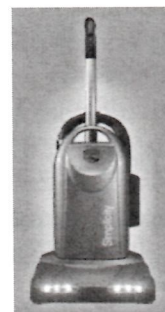
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Feb/Mar 2010

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- Participate in fashion shows and sewing fairs
- Contribute to community outreach through sewing
- Get discounts at local and national stores

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