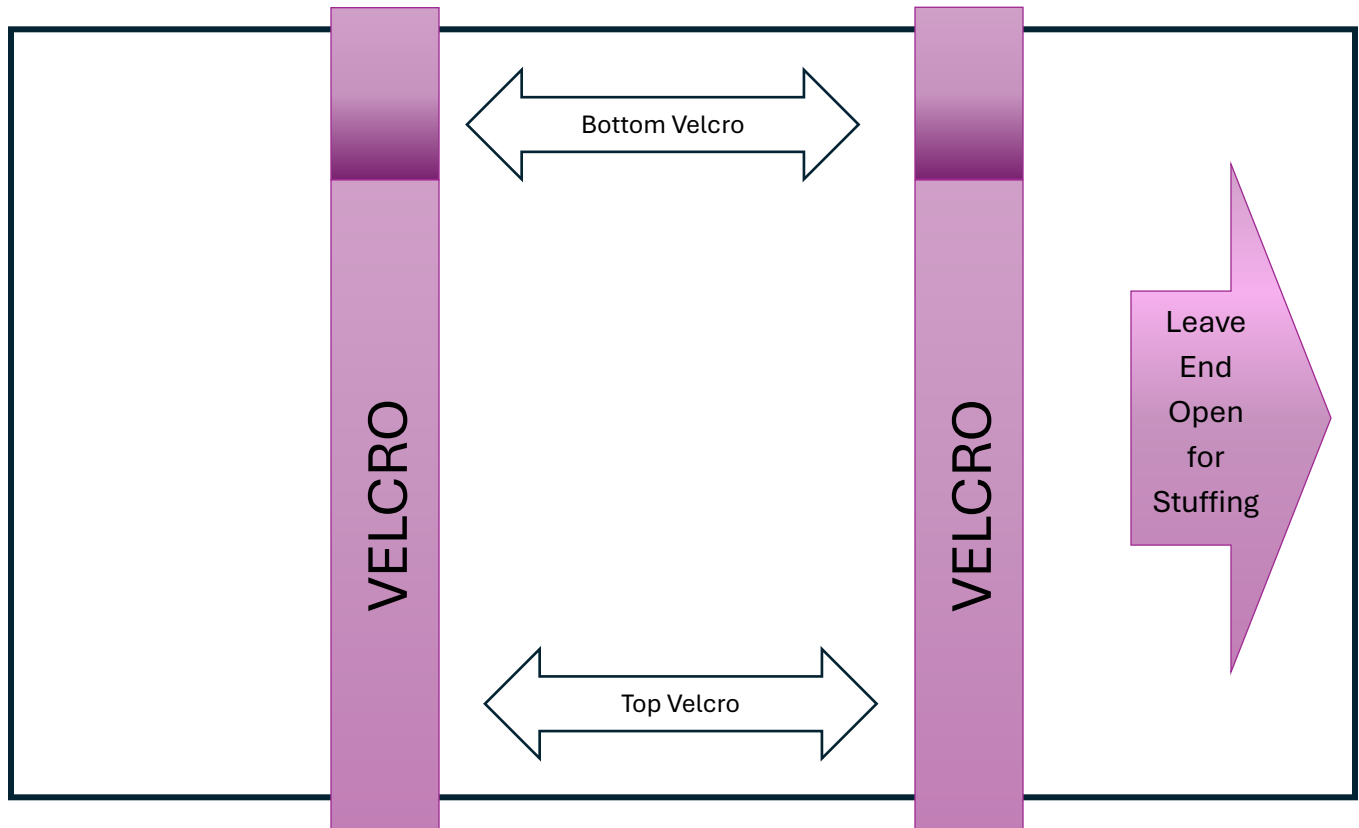


PORTACATH SEATBELT PILLOW PATTERN



Materials:

Fleece fabric or cotton, thread, stuffing (poly-fil), Velcro (2 sections: 3/4" or 1" wide by 3" long)

Instructions:

- STEP 1:** Cut 2 pieces of fabric 4" by 7". (Finished Size: 3.5" X 6.5")
- STEP 2:** Leave 1 end open for stuffing.
- STEP 3:** With the right side up, place the pieces of the Velcro on one side. About 2 inches from the end. (You can make sure you catch the Velcro by leaving a bit extra length in the seam...pin down center section if needed)
- STEP 4:** Place the second piece of fabric on top with the right sides together.
- STEP 5:** Sew ¼ inch around the 3 sides. Remember to leave one end open.
- STEP 6:** Turn the right side out and stuff with poly-fil. Think fluffy (down comforter). Do not overstuff. Keep it soft and fluffy. Sew the open end closed.

Since the finished pillow is about as wide as a seatbelt, it stays in place.