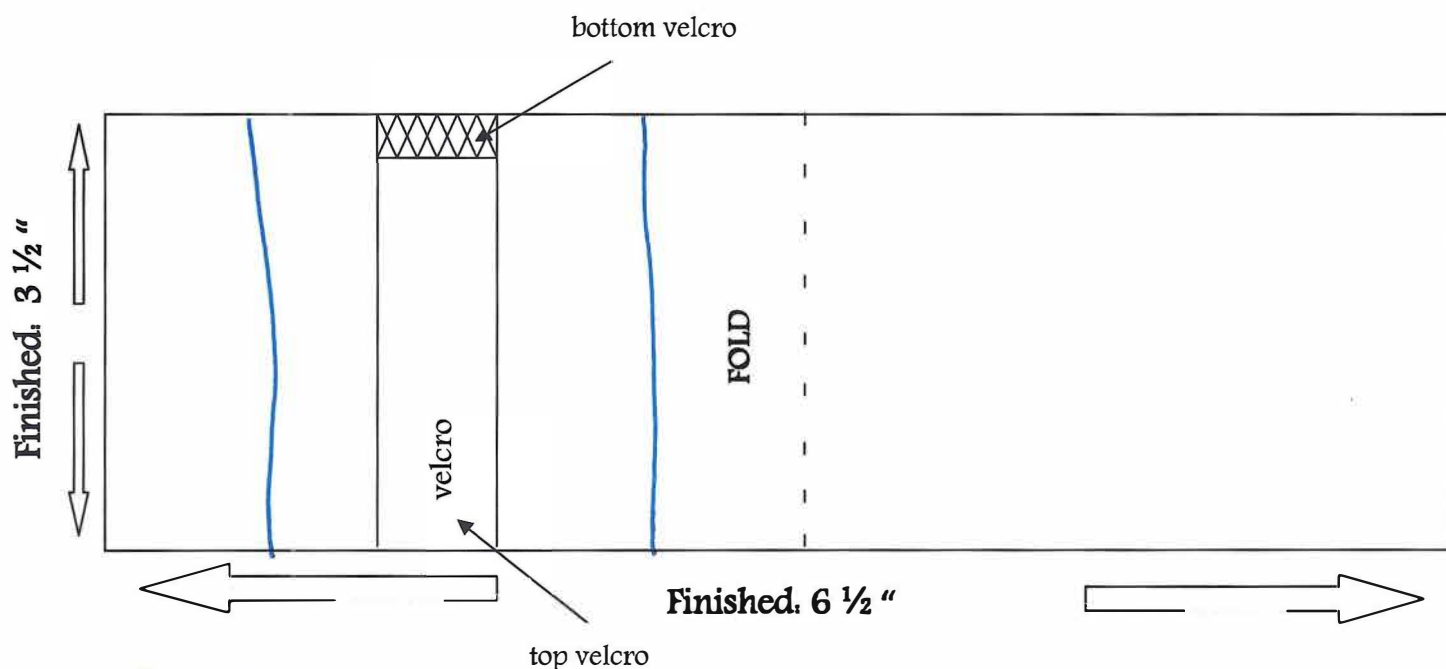


PORTACATH PILLOW PATTERN



2 straps

Materials:

Fabric, thread, batting/stuffing, Velcro

Instructions:

STEP 1. Cut fabric - 13 1/2" x 4"

STEP 2. Turn under and press the end left open for stuffing. (step 6)

STEP 3. With right side up, place one end of Velcro 3" from one end. Pin so it will be inside side seam.

STEP 4. Place other side of Velcro so it will be in the seam.

STEP 5. Fold fabric, right sides together. Stitch both sides.

STEP 6. Turn right side out and stuff. Think fluffy (down comforter). Do not overstuff. Keep it soft and fluffy. Sew open end.

Use Velcro that is 1"-2" wide and center it in the fabric (one strap).

Since the finished pillow is about as wide as a seatbelt it stays in place.